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# "Rockin' Rockfish Celebration at Monterey's Old Fisherman's Wharf" to Kick Off the Local Commercial Rockfish Season

April, 2015. Monterey, CA. It's time to "rock around the clock" with fishing and dining on delicious fresh local rockfish in Monterey. April brought Rockfish Sport Fishing Season to California's waters and it's supposed to be a great season! Commercial Rockfish season starts on May 1, 2015.

## There's a whole lot of rock fishing goin' on!

Catch 'em if you can! Sporfishing for rockfish began in April and May kicks off the "Rockin' Rockfish Celebration" at Monterey's Old Fisherman's Wharf", that highlights the delectable rockfish through daily fishing excursions on Chris' Fishing Trips and Randy's Fishing Trips. Salmon sport fishing began April 1st as well. Recreational fishing trips can now be booked at Randy's Fishing Trips or Chris' Fishing Trips daily on Monterey's Old Fisherman's Wharf (www.montereywharf.com).

### At Monterey's Old Fisherman's Wharf restaurants

There will be an array of tasty rockfish entrees presented by the restaurants on Monterey's Old Fisherman's Wharf beginning in May. Rockfish are lean and have a mild, sweet flavor with a nutty accent. The flesh has a medium-firm texture with medium flakes.

Many award-winning restaurants at Monterey's Old Fisherman's Wharf are participating in the special "Rockin' Rockfish Celebration at Monterey's Old Fisherman's Wharf Rockfish from the Monterey Bay. In addition to rockfish (also known as rock cod), locals and visitors can enjoy a wide array of delicious entrees at Old Fisherman's Wharf including other fresh seafood, steaks, pasta and much more.

Here are some delicious rockfish entrees visitors to Monterey's Old Fisherman's Wharf will enjoy that will be featured at the restaurants:

#### **Abalonetti Bar and Grill**

Parmesan-Crusted Rockfish served with sauteed spinach, roasted garlic mashed potatoes, house made pico de gallo and lemon caper sauce

# Cafe Fina

Fish and Chips with fresh Rockfish made with a homemade beer batter and served with homemade tartar sauce.

#### Crab Louie's

Rockfish Tacos: Two corn tortillas with fresh Rockfish, served with beans and Pico de Gallo And Fresh Avocado.

#### Old Fisherman's Grotto

Whole Rockfish - Oven Roasted with Sauteed Tomatoes, Onions, Kalamata Olives and Cilantro served with Toasted Israeli Couscous and Organic Blue Lake Green Beans.

## **About Monterey's Old Fisherman's Wharf**

Monterey's Old Fisherman's Wharf is open 365 days a year including during the holidays (holiday schedule is on the events page on <a href="www.montereywharf.com">www.montereywharf.com</a>). Visitors to Monterey's Old Fisherman's Wharf will want to plan their visit to include lunch or dinner at one of the many Wharf restaurants. A visit to the beautiful

Monterey Peninsula just isn't complete without a rendezvous with Old Fisherman's Wharf in downtown Monterey that was built in 1845 for regular passenger and freight service. Known as the "Whale Watching Capital of the World™" and a top destination of visitors from around the world, Monterey's Old Fisherman's Wharf provides a wide array of award-winning dining, shopping, live theater, special events, whale watching, bay cruises, a glass bottom boat, marine life, fishing and sailing, and strolling leisurely in a gorgeous setting overlooking the Monterey Bay.

Savor delicious cuisine at a myriad of fabulous restaurants featuring stunning views and award-winning Italian food, sustainable seafood, grass-fed steaks, including the region's famous clam chowder and calamari. Enjoy salt water taffy, homemade chocolates, caramel apples, cotton candy and many other yummy treats. View sea otters, sea lions, harbor seals, dolphins, whales, sea birds and other wildlife "up close and personal" that also share the Wharf. Watch people who have gone out and caught their own fish on the local and chartered fishing boats return with their own "catch of the day".

Celebrate the first location in Monterey County where tender abalone was cooked and served in a restaurant. Check out the many fun shops to find the perfect memento of your visit and a variety of unique gifts. Enjoy the exquisite views and the "best place to walk and people watch" in Monterey County!

Situated near downtown Monterey, Old Fisherman's Wharf is conveniently located along the Monterey Bay Recreation Trail and has plenty of nearby parking.

For more information about Old Fisherman's Wharf, go to <a href="www.montereywharf.com">www.montereywharf.com</a> or call <a href="www.montereywharf.com">(831) 238-0777</a>.